



## Functional Assessment Staging Tool (FAST)

Stage	Assessment <i>(score is highest consecutive level of disability)</i>
<b>1</b>	No difficulties, either subjectively or objectively
<b>2</b>	Complains of forgetting location of objects; subjective word finding difficulties only
<b>3</b>	Decreased ability to perform complex tasks (e.g., planning dinner for guests; handling finances; marketing)
<b>4</b>	Decreased job function evident to coworkers; difficulty in traveling to new locations
<b>5</b>	Requires assistance in choosing proper clothing for the season or occasion
<b>6a</b>	Difficulty dressing properly without assistance
<b>6b</b>	Unable to bathe properly; may develop fear of bathing. Will usually require assistance adjusting bath water temperature
<b>6c</b>	Inability to handle mechanics of toileting (i.e., forgets to flush; doesn't wipe properly)
<b>6d</b>	Urinary incontinence, occasional or more frequent
<b>6e</b>	Fecal incontinence, occasional or more frequent
<b>7a</b>	Ability to speak limited to about half a dozen words in an average day
<b>7b</b>	Intelligible vocabulary limited to a single word in an average day
<b>7c</b>	Non-ambulatory (unable to walk without assistance)
<b>7d</b>	Unable to sit up independently
<b>7e</b>	Unable to smile
<b>7f</b>	Unable to hold head up

Source: Dr. Barry Reisberg, 1984